

Cook // Local Japan

Today's recipe							_	Place / Prefecture	
"Tan-tan-men"									
Spicy ramen with minced pork and onion. It is a popular local dish in Katsuura, a city along the Pacific Ocean in the southeastern part of Chiba prefecture.							-	Chiba Why not visit the official tourism website (while eating this dish)?	
>> Serves: 2									
>> 10 mins to prepare and 20 mins to cook									
↓ Regular supermarket(R), Japanese grocery store(J)									
		ble at		Ingredients & Pre	paration			② Method	
	R	J	1 tbsp	oil	:	⇒	1	Heat the oil in a pan over a medium heat and add	
	R		2 cloves	garlic	finely chopped	⇒	į	the garlic and pork . Cook until the surface of the pork is slightly seared, then add the onion until	
	R		150g	minced pork	!	\Rightarrow		tender and sprinkle with salt and ground black	
	R		200g	onion	diced	\Rightarrow	į.	pepper.	
	R		a pinch of	salt	/	\Rightarrow	ļ		
	R		a pinch of	ground black	η	\Rightarrow			
				pepper					
↓									
			800cc	water	1	\Rightarrow	2	Add the water, cooking sake, soy sauce,	
		J	2 tbsp	cooking sake		⇒		Japanese powder stock, chicken powder stock,	
	R	J	1 tbsp	soy sauce		\Rightarrow	į.	spicy sesame oil and sesame oil in the pan and	
		J	1 tsp	Japanese powder stock		⇒		simmer for 7 minutes.	
	R	J	3 tsp	chicken powder stock		⇒			
	R	J	2 tsp	spicy sesame oil	!	⇒			
	R	J	2 tsp	sesame oil		\Rightarrow	<u> </u>		
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	R	J	200g	egg noodles (ramen noodles)		⇒	3	Boil plenty of water in another pot and cook the egg noodles as instructed on the packet and drain it.	
↓									
	R	J	50g	salad onion (green onion)	cut into 4 cm pieces and finely sliced length ways	⇒	4	Serve the egg noodles in deep bowls and pour in the soup, splinkling salad onion on top.	
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